

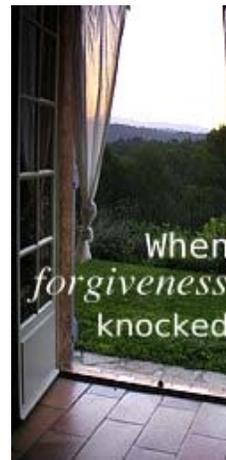
6 recipe

Brothers & Sisters, if someone is overtaken in any trespass, you who are spiritual restore such a one in a spirit of gentleness & meekness, considering yourself lest you also be tempted." Galatians 6:1

Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective. James 5:16

prayer 'RECIPE' for forgiveness

*...open the door,
I will come...
(Rev. 3:20)*



THIS IS HOW WE OPEN THE DOOR FOR JESUS TO COME IN:

Go through the following process and pray this prayer along-side a trusted friend. Let them be there to support you as you may be surprised by the emotion that is released (don't forget the kleenex...). Let them pray over you to confirm the Confessions that you make. Above all – Trust God! He is Faithful to deliver you and set you free from your past through the Door of Forgiveness. What a Great God we Serve and Have full access to!!! Be Strong & Courageous, my friend (Joshua 23:6).

1. **OPEN WITH DECLARATION OF TRUST** in God and worship of Him. Invite the Holy Spirit to have full reign and control. Ask for the protection of the blood of Jesus to be upon you and the place that you are meeting.
2. **ADMIT PAIN.** Admit the pain that they've caused and the general circumstance. You do not need to go into great detail, just what comes to mind as the main cause of the hurt.
 - > **"I admit, Lord, that _____ (name of person) hurt me when they _____ (action of violation or offense toward you) _____."**
3. **CHOOSE TO FORGIVE.** You may want to actually say what they have done – but I emphasize, use nutshell versions of circumstances.
 - > **"I forgive _____ for what they did/said to me."**
4. **RELEASE THEM AND THE WOUNDING CAUSED, TO GOD.** Literally visualize that you are placing them and the wounding caused from them into God's hands. This is the most frightening, but loving place to put anyone that has offended or hurt us. Remember: "Vengeance is mine, says the Lord." (Deuteronomy 32:35)
 - > **"I place _____ into Your hands, Lord."**
5. **ASK GOD TO FORGIVE THEM & THE DEBT THAT THEY OWE YOU** for they didn't know fully what they were doing. Hear the words of Jesus on the cross as He said this very thing to those who put Him to death (Luke 23:34). Think about it; can any of us really know the ramifications of our actions, the domino effect of our choices even to generations to come? I don't think so. We can't even count the hair on our head, let alone know what tomorrow's responses will be.
 - > **"Lord, forgive _____ and the debt that they owe me for they didn't fully know what they were doing."**
6. **ASK GOD TO FORGIVE YOU.** This may seem like a bit of a surprise and unfair, but now that you are in a position of knowing the truth, you also start to realize that you've been holding back forgiveness all this time. You may have also held on to anger, fear, and other things that were caused by the offense. God understands all this, so be assured that He is not standing there waiting to condemn you. He wants to release you from the wounds of the past and the only way is for you to release them to Him through repentance.
 - > **"Lord, forgive me for holding on to _____. I release all of these things to You and accept that my debt is paid."**

7. **ASK THE HOLY SPIRIT TO COME AND OCCUPY ALL THOSE PLACES THAT WERE ONCE OCCUPIED BY WOUNDING.** Allow the Holy Spirit to come and pay back the bank of your soul, so to speak, to fill up all those places that were once occupied by the wounding and damage done by the past.
- **Holy Spirit, come and fill all of the places that have been emptied and cleaned out by You. I receive You now by faith through Jesus Christ. (John 20:22)**
8. **MAKE SCRIPTURAL DECLARATIONS:**
- That you will trust God and His ability to handle everything for you.
 - That pain & hurt will not live in your body any more as these offenses have been taken care of now by God and that all the effects of sin will be restored and reversed. That everything that the enemy has stolen will not only be repaid, but restored. (Joel 2:25)
 - That your debt is paid through the cross of Jesus. Recognize that every time someone wounded you, you had something precious stolen from you. Jesus paid all of our debt when He died and rose again. We must receive this from Him. (Isaiah 53:5)
 - That you take His yoke on you and that you now have peace. (Matthew 11:28-30)
9. **THANK HIM. PRAISE HIM FOR HIS GREAT MERCY & LOVE!** (Isaiah 63:7)

SCRIPTURES USED:

JOSHUA 23:6 Therefore be very courageous to keep and to do all that is written in the Book of the Law of Moses, lest you turn aside from it to the right hand or to the left,

GALATIANS 6:1 BRETHREN, IF any person is overtaken in misconduct or sin of any sort, you who are spiritual [who are responsive to and controlled by the Spirit] should set him right and restore and reinstate him, without any sense of superiority and with all gentleness, keeping an attentive eye on yourself, lest you should be tempted also.

DEUTERONOMY 32:35 Vengeance is Mine, and recompense, in the time when their foot shall slide; for the day of their disaster is at hand and their doom comes speedily.

LUKE 23:34 And Jesus prayed, Father, forgive them, for they know not what they do. And they divided His garments and distributed them by casting lots for them.

JOEL 2:25 And I will restore or replace for you the years that the locust has eaten--the hopping locust, the stripping locust, and the crawling locust, My great army which I sent among you.

ISAIAH 53:5 But He was wounded for our transgressions, He was bruised for our guilt and iniquities; the chastisement [needful to obtain] peace and well-being for us was upon Him, and with the stripes [that wounded] Him we are healed and made whole.

JOHN 20:22 And having said this, He breathed on them and said to them, Receive the Holy Spirit!

MATTHEW 11:28-30 Come to Me, all you who labor and are heavy-laden and overburdened, and I will cause you to rest. [I will ease and relieve and refresh your souls.] Take My yoke upon you and learn of Me, for I am gentle (meek) and humble (lowly) in heart, and you will find rest (relief and ease and refreshment and recreation and blessed quiet) for your souls. My yoke is wholesome (useful, good--not harsh, hard, sharp, or pressing, but comfortable, gracious, and pleasant), and My burden is light and easy to be borne.

ISAIAH 63:7 I will mention the lovingkindnesses of the LORD And the praises of the LORD, According to all that the LORD has bestowed on us, And the great goodness toward the house of Israel, Which He has bestowed on them according to His mercies, According to the multitude of His lovingkindnesses.